

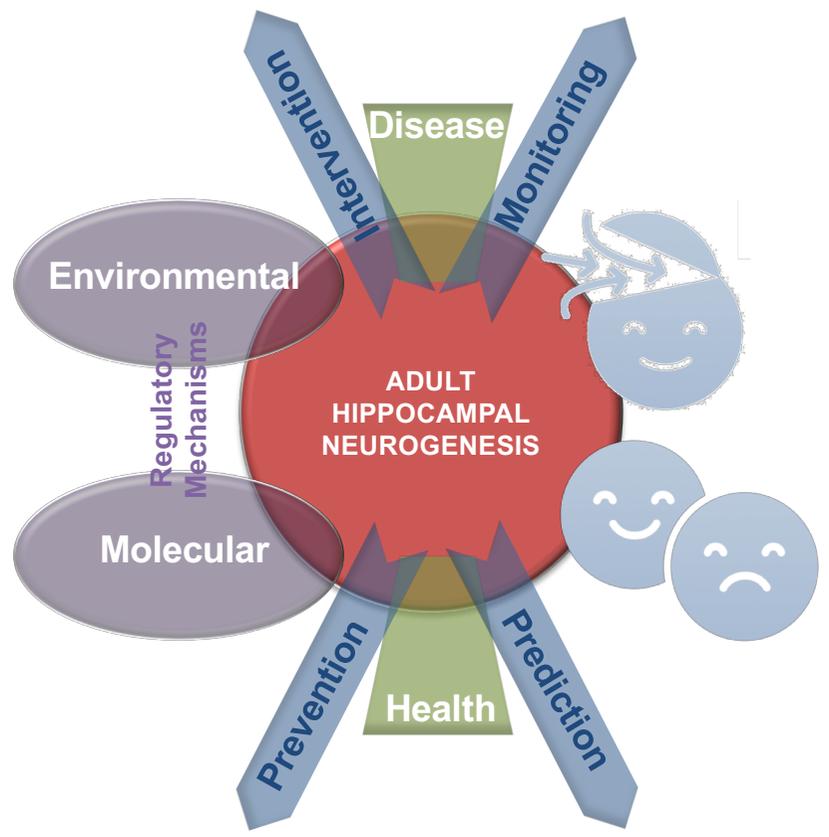
Generation of New Hippocampal Neurons in the Adult Brain: Implication for Mental Health



I, (Sandrine Thuret),

DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.







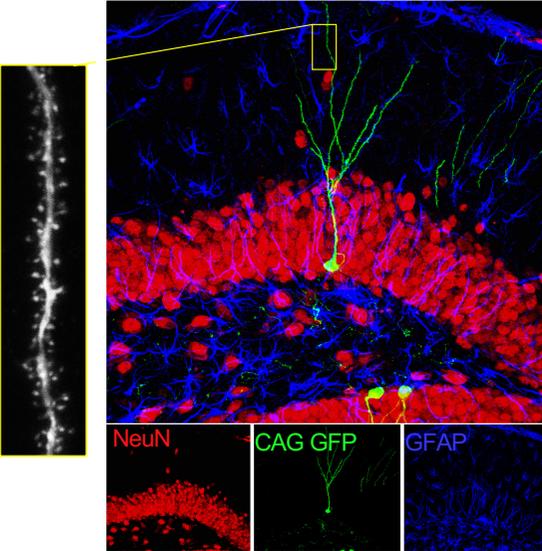
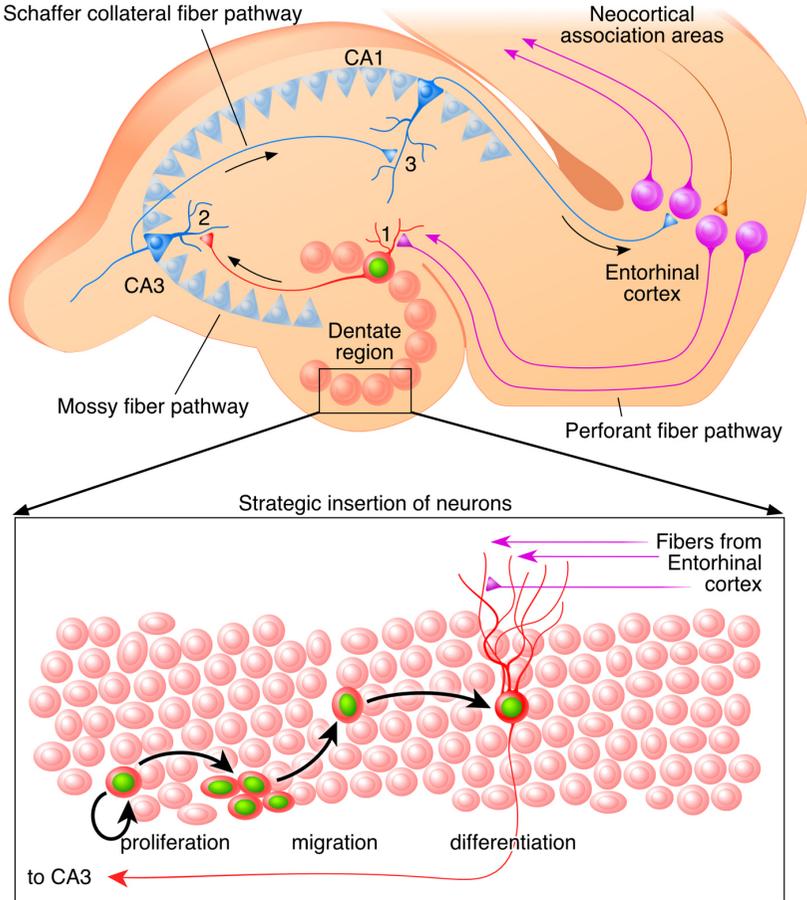
“Once development was ended, the fonts of growth and regeneration of the axons and dendrites dried up irrevocably. In the adult centers, the nerve paths are something fixed, and immutable: everything may die, nothing may be regenerated.”

Santiago Ramon y Cajal, 1928

Autoradiographic and histological evidence of postnatal hippocampal neurogenesis in rats.

Altman & Das, 1965

Adult hippocampal neurogenesis





Dynamics of Hippocampal Neurogenesis in Adult Humans

Cell 153, 1219–1227, June 6, 2013 ©2013 Elsevier Inc. 1219

Kirsty L. Spalding,^{1,8} Olaf Bergmann,^{1,8} Kanar Alkass,^{1,2} Samuel Bernard,³ Mehran Salehpour,⁴ Hagen B. Huttner,^{1,5} Emil Boström,¹ Isabelle Westerlund,¹ Céline Vial,³ Bruce A. Buchholz,⁶ Göran Possnert,⁴ Deborah C. Mash,⁷ Henrik Druid,² and Jonas Frisén^{1,*}

Active neurogenesis throughout adulthood

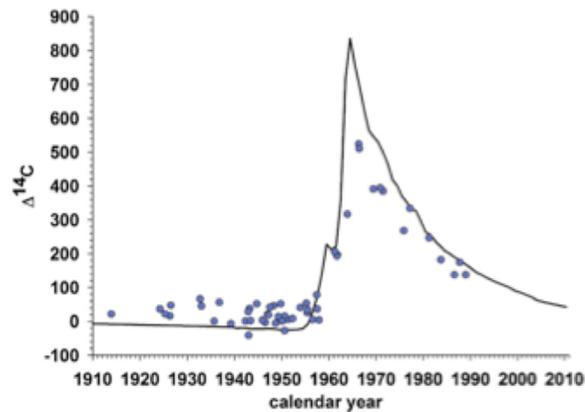
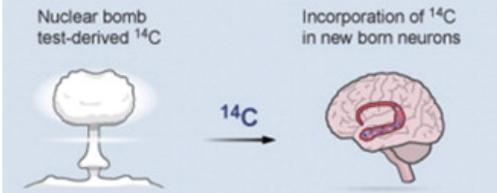


Figure 3. Hippocampal Neurogenesis in Adult Humans

¹⁴C concentrations in hippocampal neuron genomic DNA correspond to a time after the date of birth of the individual, demonstrating neurogenesis throughout life.

LETTER

doi:10.1038/nature25975

Human hippocampal neurogenesis drops sharply in children to undetectable levels in adults

Shawn F. Sorrells^{1,2*}, Mercedes F. Paredes^{1,3*}, Arantxa Cebrian-Silla⁴, Kadellyn Sandoval^{1,3}, Dashi Qi⁵, Kevin W. Kelley¹, David James¹, Simone Mayer^{1,3}, Julia Chang⁶, Kurtis I. Auguste², Edward F. Chang², Antonio J. Gutierrez⁷, Arnold R. Kriegstein^{1,3}, Gary W. Mathern^{8,9}, Michael C. Oldham^{1,2}, Eric J. Huang¹⁰, Jose Manuel Garcia-Verdugo⁴, Zhengang Yang⁵ & Arturo Alvarez-Buylla^{1,2}

Human Hippocampal Neurogenesis Persists throughout Aging

Maura Boldrini,^{1,5,9,10,*} Camille A. Fulmore,⁵ Alexandria N. Tartt,⁵ Laika R. Simeon,⁵ Ina Pavlova,⁶ Verica Poposka,⁸ Gorazd B. Rosoklija,^{1,5,7} Aleksandar Stankov,⁸ Victoria Arango,^{1,5} Andrew J. Dwork,^{1,2,5,7} René Hen,^{1,3,4,6} and J. John Mann^{1,5}

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<https://doi.org/10.1016/j.stem.2018.03.015>

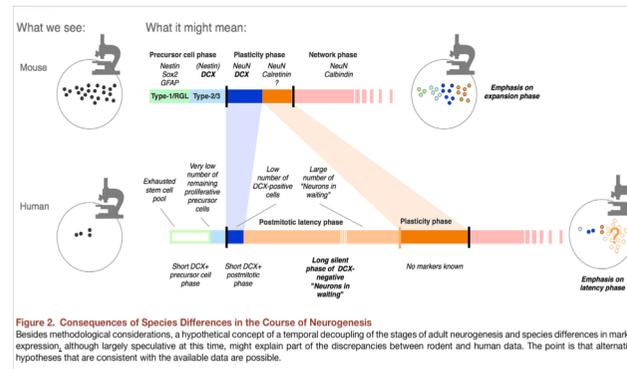


Cell Stem Cell
Minireview

Human Adult Neurogenesis: Evidence and Remaining Questions

Gerd Kempermann,^{1,*} Fred H. Gage,^{2,*} Ludwig Aigner,³ Hongjun Song,⁴ Maurice A. Curtis,⁵ Sandrine Thuret,⁶ H. Georg Kuhn,^{7,8} Sebastian Jessberger,⁹ Paul W. Frankland,¹⁰ Heather A. Cameron,¹¹ Elizabeth Gould,¹² Rene Hen,¹³ D. Nora Abrous,¹⁴ Nicolas Toni,¹⁵ Alejandro F. Schinder,¹⁶ Xinyu Zhao,¹⁷ Paul J. Lucassen,¹⁸ and Jonas Frisén^{19,*}

Renewed discussion about whether or not adult neurogenesis exists in the human hippocampus, and the nature and strength of the supporting evidence, has been reignited by two prominently published reports with opposite conclusions. Here, we summarize the state of the field and argue that there is currently no reason to abandon the idea that adult-generated neurons make important functional contributions to neural plasticity and cognition across the human lifespan.



Trends in Molecular Medicine **CellPress**

Spotlight

Adult Human Hippocampal Neurogenesis: Controversy and Evidence

Hyunah Lee¹ and Sandrine Thuret^{1,*}

The hippocampus has been described as one of the few sites in the mammalian brain capable of generating new cells continuously throughout life. Two recent studies that report contradicting findings on adult human hippocampal neurogenesis, however, reminds us of the caveats and challenges of studying this phenomenon in post-mortem tissues.

Key evidence		
Birthdating study with BrdU N = 5 <i>Eriksson et al. 1998</i>	Birthdating study with IdU N = 4 <i>Ernst et al. 2014</i>	Birthdating study with 14C N = 55 <i>Spalding, Bergmann et al. 2013</i>
<p>Proposed functional contribution</p> <ul style="list-style-type: none"> • Temporal and spatial contextualization of information • Avoidance of catastrophic interference, "behavioral pattern separation" • Flexible integration of new information into pre-existing contexts • Forgetting • Affective behaviors <p>Spatial navigation, Episodic memory, Autobiographic memory, Adaptability to novel contexts</p>		
Isolation of neurogenic precursor cells 4 reports, e.g. <i>Palmer et al. (2001)</i>	Proxy marker studies in disease cases > 10 reports, see <i>main text for references</i>	Marker panel study <i>Knoth et al., 2010</i> <i>Bočirni et al., 2018</i>
Supporting evidence		

X, conflicting report



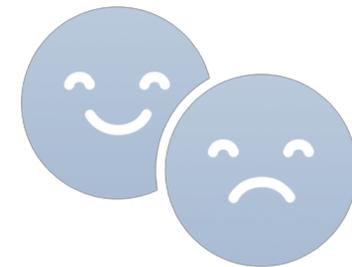
New Dentate Gyrus granule cells:

- Increase spatial memory capacity
- Reduce interference between memories (pattern separation)
- Add information about time to memories
- Are involved in forgetting of established context-memories.

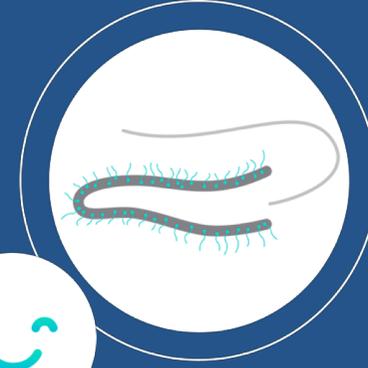
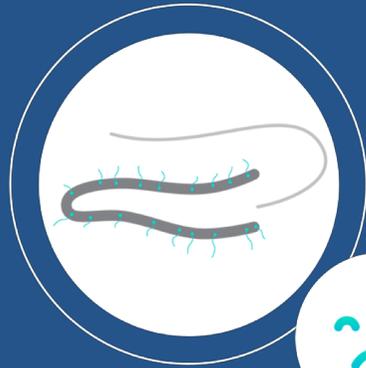




- Adult Hippocampal Neurogenesis is reduced in some animal models of depression.
- Many treatments for depression promote Adult Hippocampal Neurogenesis and/or are dependent on functional neurogenesis.



Adult Hippocampal Neurogenesis: **Regulated by environmental influences**

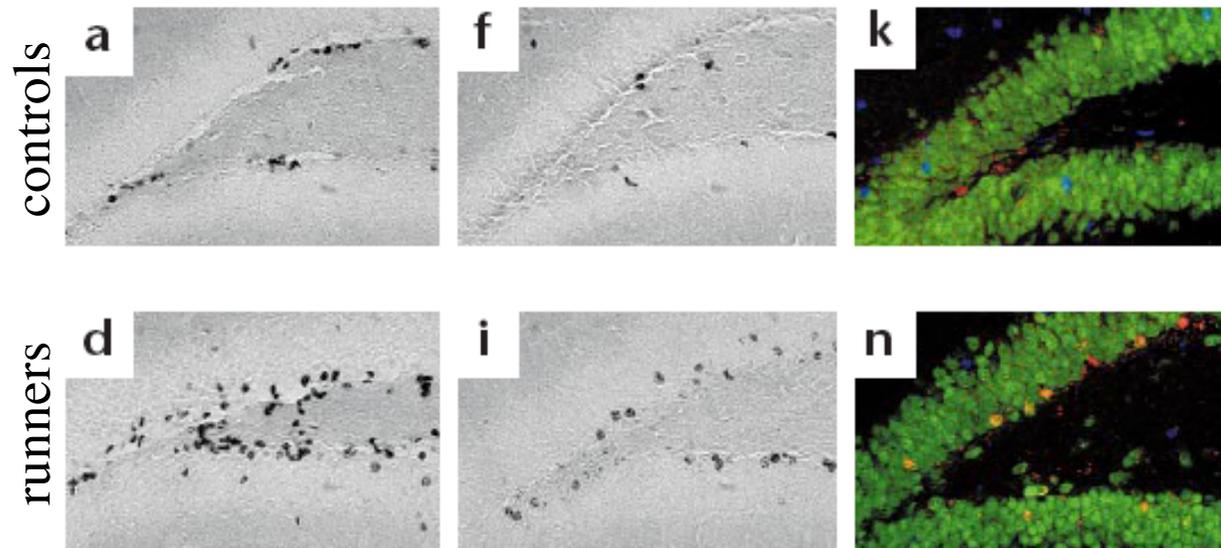
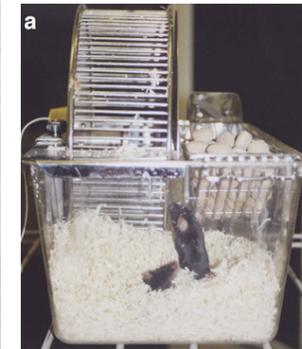
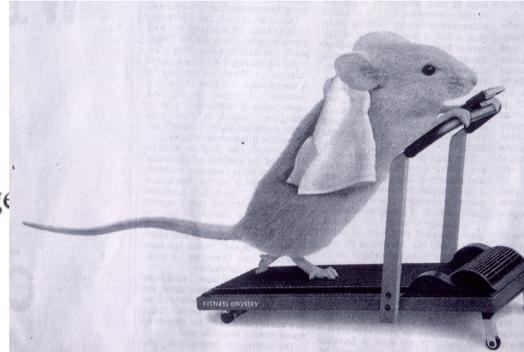




Running increases cell proliferation and neurogenesis in the adult mouse dentate gyrus

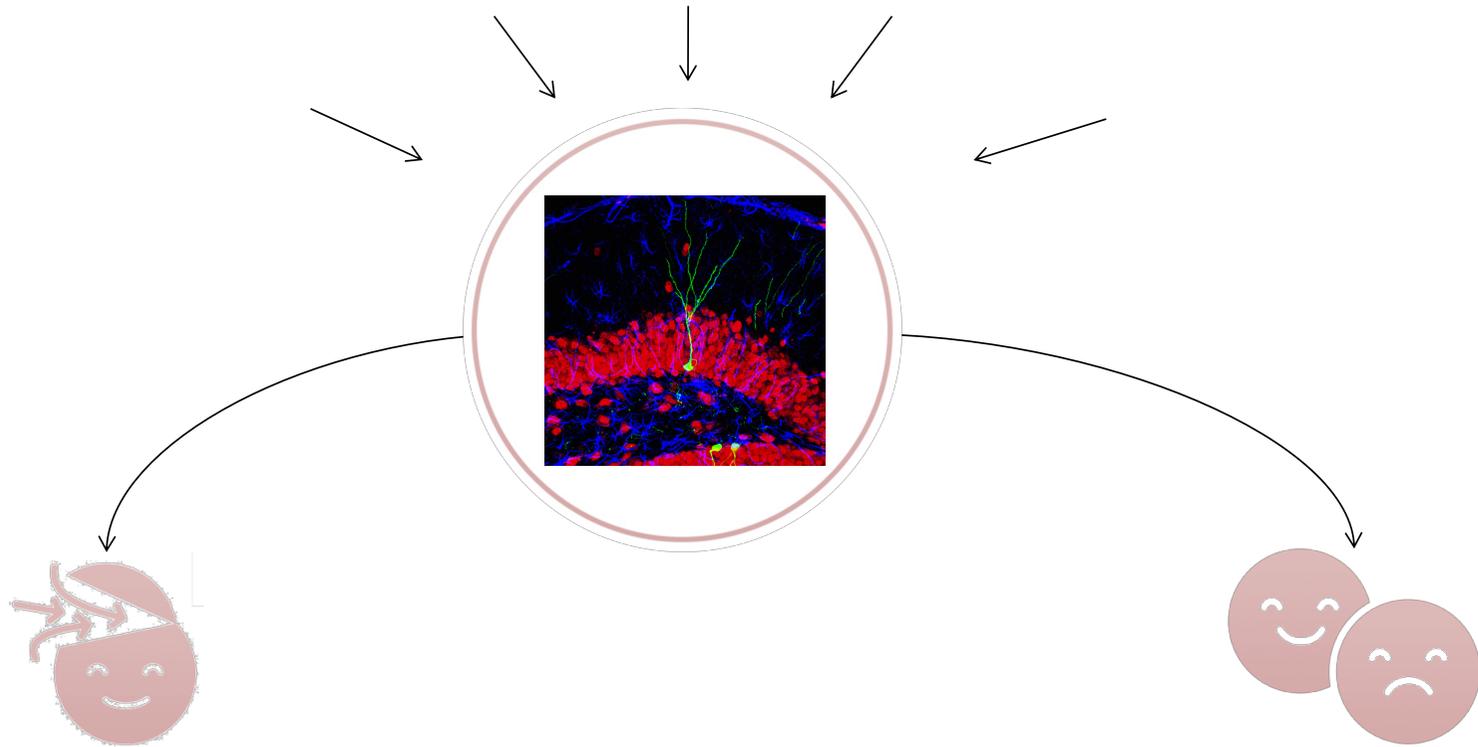
nature neuroscience • volume 2 no 3 • march 1999

Henriette van Praag¹, Gerd Kempermann^{1,2} and Fred H. Gage

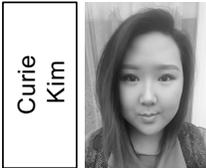
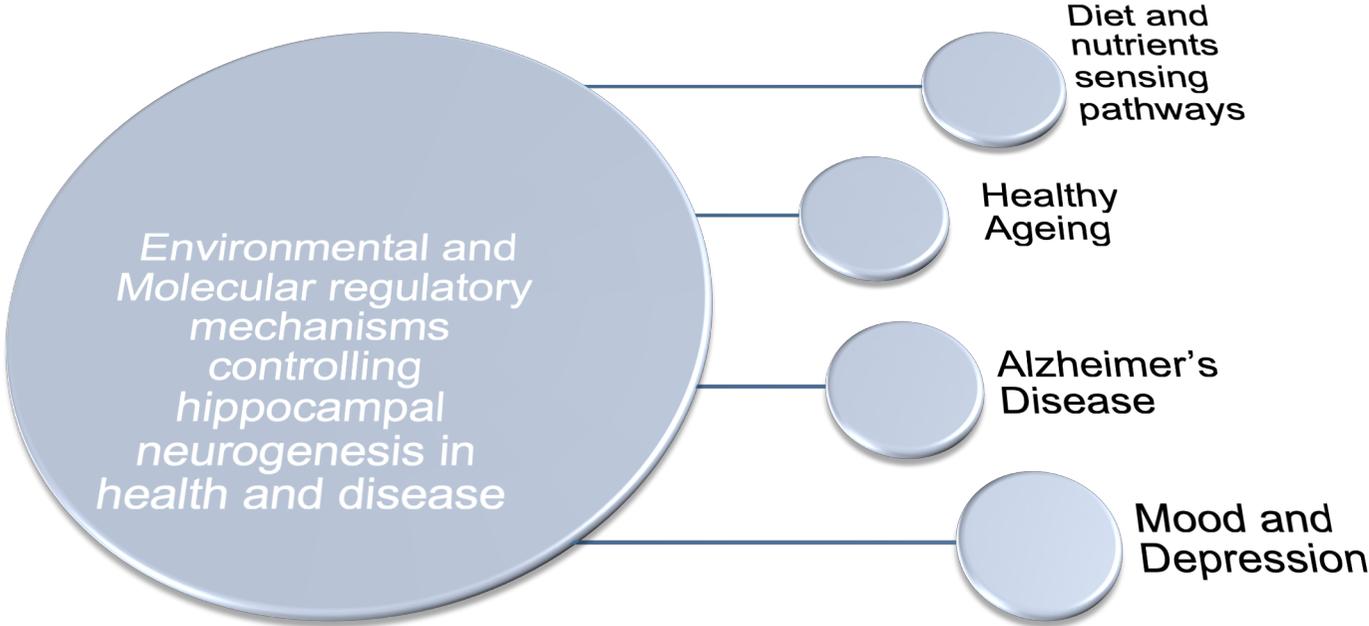


	Control	Runner
Proliferation, 1 day	4393 (607)	6773 (971)***
Survival, 4 weeks	1880 (251)	3791 (715)**
Survival (%), 4 weeks	43 (5.7)	56 (10.6)
Phenotypes:		
Neuron (%)	76.8 (3.2)	88.3 (1)*
Astrocyte (%)	7 (2.1)	3.3 (0.6)
Other (%)	16.3 (1.7)	9 (1.3)*
Volume (mm ³)	0.43 (0.02)	0.42 (0.02)

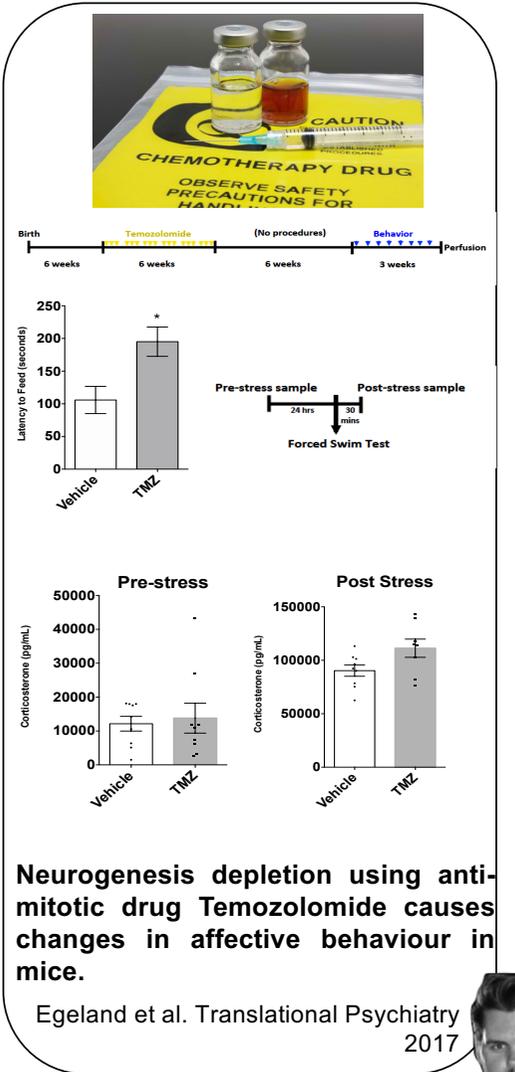
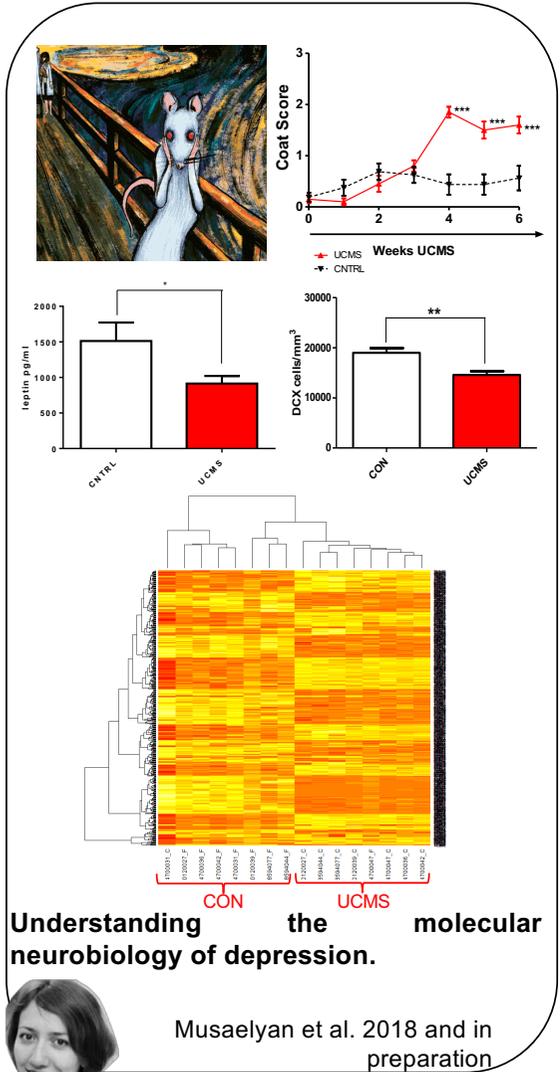
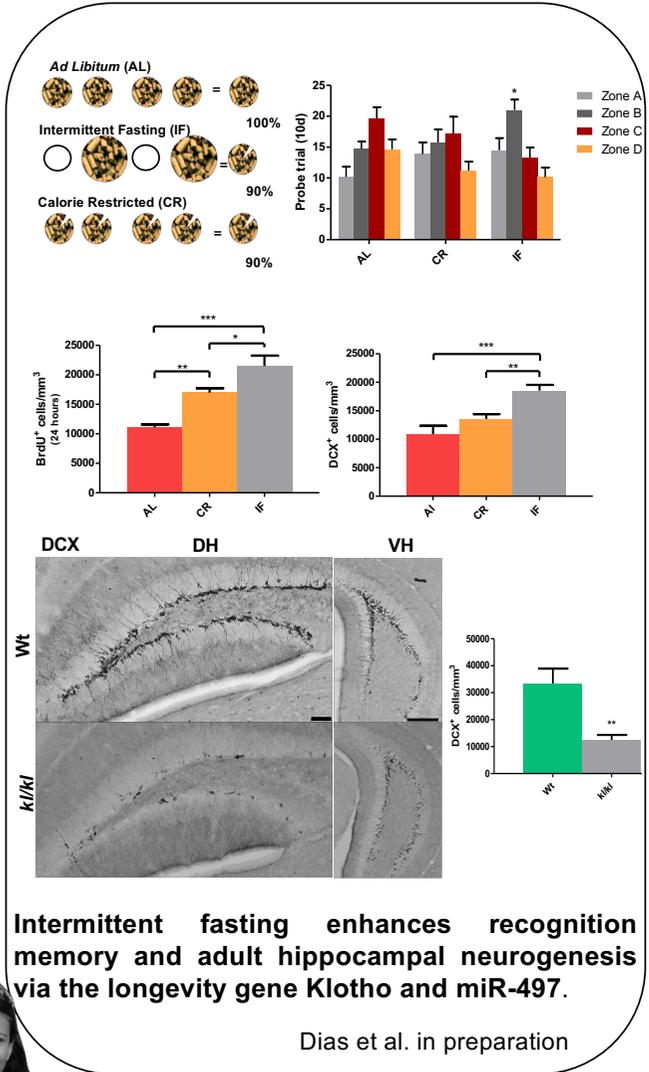
Adult Hippocampal Neurogenesis emerging as **Target of choice**?



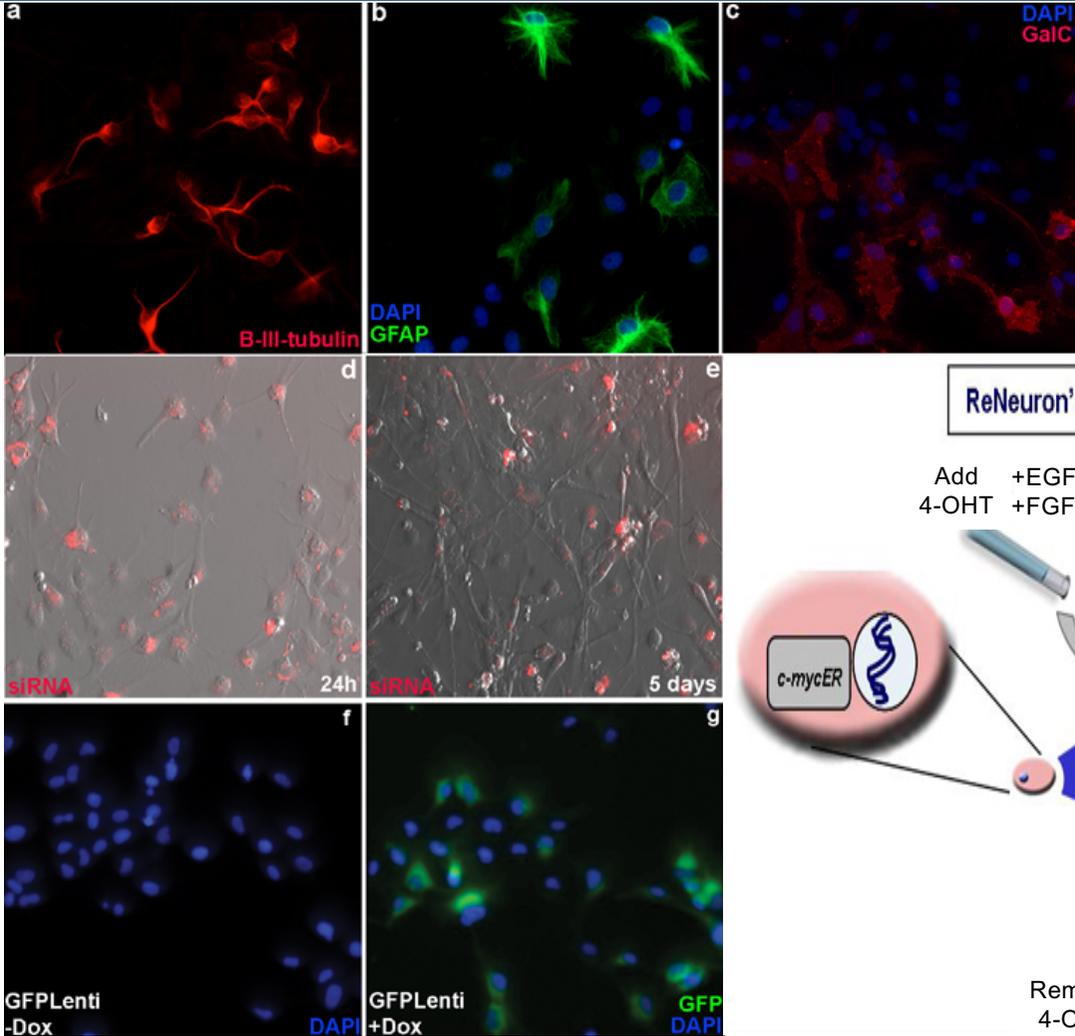
Our hippocampal neurogenesis Lines of Research



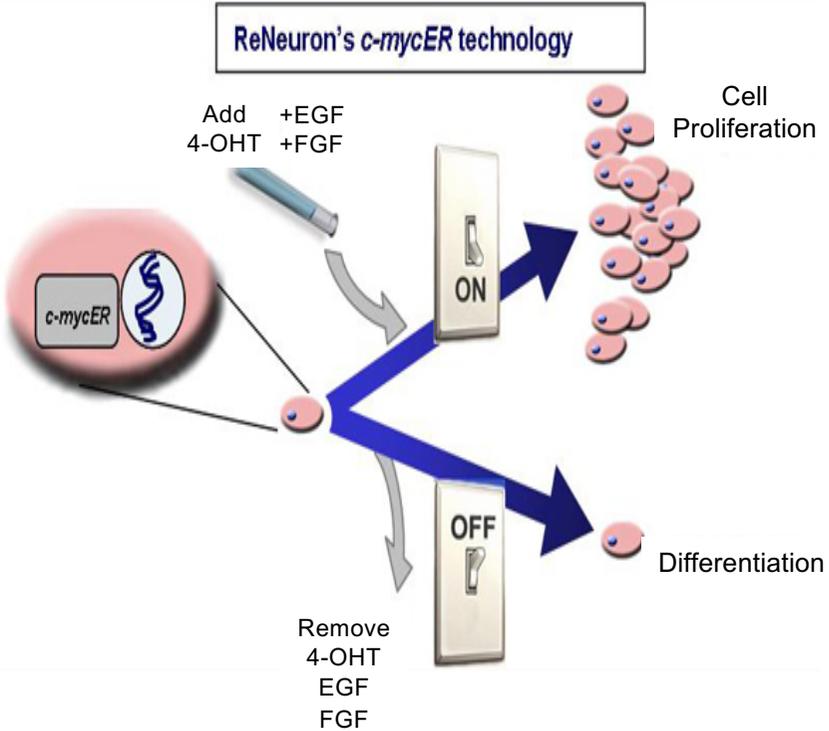
Animal Models



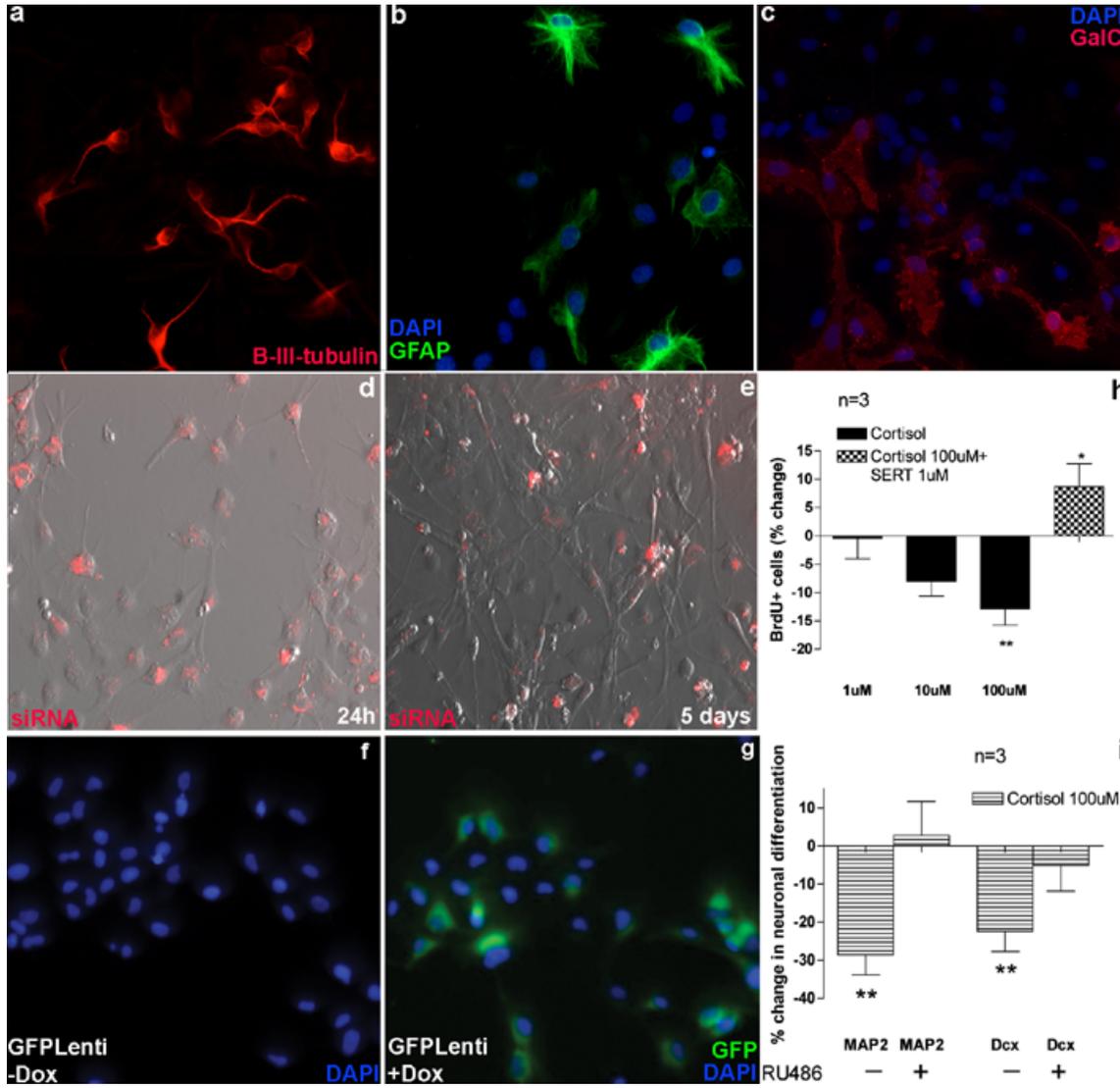
Human Hippocampal Stem Cell line – Controlled Environment



Identification and validation of new genes and microRNAs involved in Proliferation and/or Neuronal Differentiation



Human Hippocampal Stem Cell line – Stress Model



Identification of the mode of action of antidepressants

Anacker et al., 2011, 2013a, 2013b



Identification of nutrient-derived bioactives preventing stress-induced decrease of neurogenesis

Stangl et al. in preparation

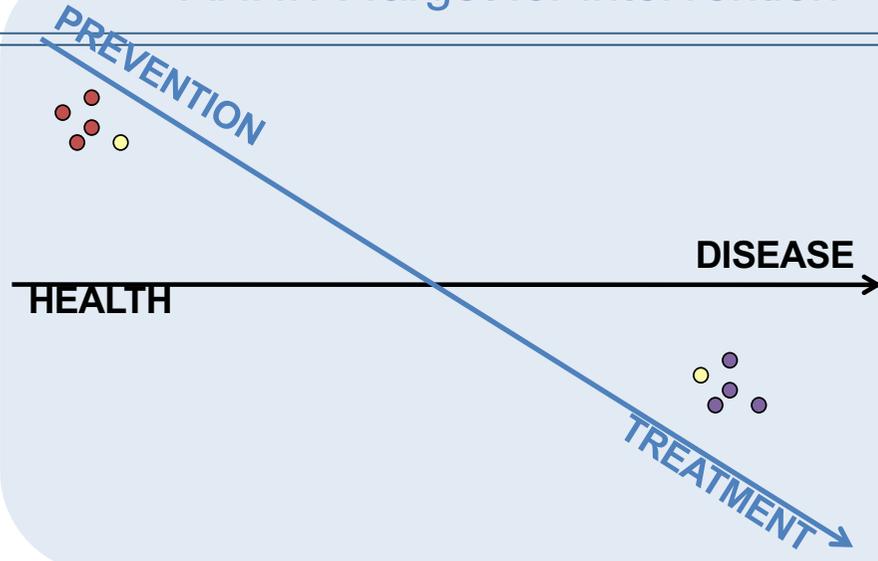


Identification of drugs for repositioning as new antidepressants

Powel et al. 2017a, b



AHN: A Target for intervention



The Role of Dietary Polyphenols on Adult Hippocampal Neurogenesis: Molecular Mechanisms and Behavioural Effects on Depression and Anxiety

Giselle Pereira Dias,^{1,2,3} Nicole Cevega,¹ Alina Nix,¹ Mário Cesar do Nascimento Bevilacqua,¹ Doris Stangl,¹ Muhammad Syahrul Anwar Zainuddin,¹ Antonio Egidio Nardi,¹ Patricia Franca Gardino,¹ and Sandrine Thuret¹



Hippocampal Neurogenesis in Alzheimer's Disease: Is There a Role for Dietary Modulation?

Aleksandra Maraziti, Adam Pilarski, Tynus Murphy, Nicholas Branch and Sandrine Thuret¹

Effects of Diet on Brain Plasticity in Animal and Human Studies: Mind the Gap

Tynus Murphy, Giselle Pereira Dias, and Sandrine Thuret

Nutrition, adult hippocampal neurogenesis and mental health

Muhammad Syahrul Anwar Zainuddin and Sandrine Thuret¹

Modulation of Adult Hippocampal Neurogenesis by Early-Life Environmental Challenges Triggering Immune Activation

Ksenia Muselyan,^{1,2,3} Martin Egeland,^{1,2} Cathy Fernandes,² Carmine M. Pariante,^{1,2} Patricia A. Zunszain,^{1,2} and Sandrine Thuret¹



Interleukin-1 β : A New Regulator of the Kynurenic Acid Pathway Affecting Human Hippocampal Neurogenesis

Patricia A Zunszain¹, Christoph Anacker¹, Annamaria Cattaneo^{1,2}, Shansha Choudhury¹, Ksenia Muselyan¹, Aye Mu Myint¹, Sandrine Thuret¹, Jack Price³ and Carmine M Pariante^{1,2}

Antidepressants increase human hippocampal neurogenesis by activating the glucocorticoid receptor

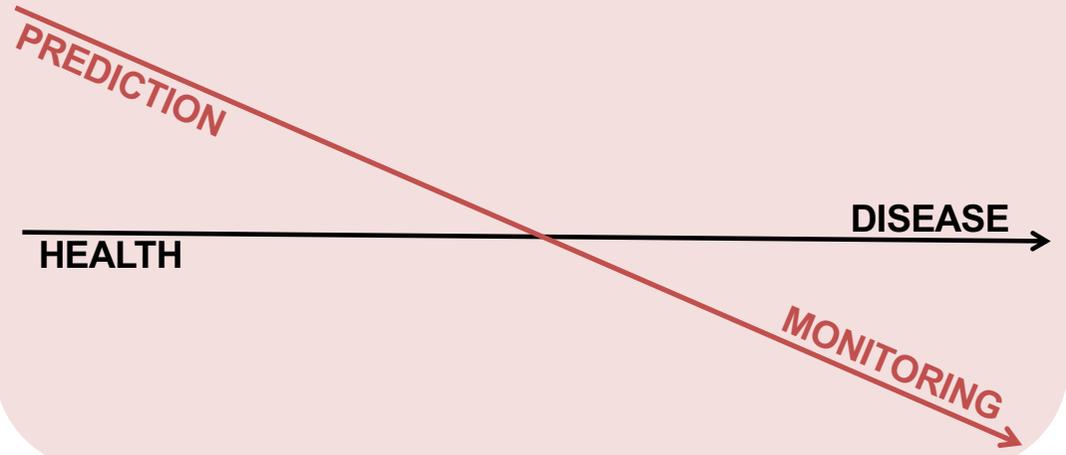
Molecular Psychiatry (2013) 16, 728–730
© 2013 Macmillan Publishers Limited. All rights reserved 1359-4341/13
www.nature.com/mp



Role for the kinase SGK1 in stress, depression, and glucocorticoid effects on hippocampal neurogenesis

Christoph Anacker^{1,2,3}, Annamaria Cattaneo^{1,2}, Ksenia Muselyan¹, Patricia A. Zunszain¹, Mark Horowitz², Raffaella Mellani¹, Alessio Luoni¹, Francesca Calabrese¹, Katherine Tansey¹, Massimo Genarelli^{1,4}, Sandrine Thuret¹, Jack Price³, Rudolf Uher^{1,5}, Marco A. Riva¹, and Carmine M. Pariante^{1,2}
8708-8713 | PNAS | May 21, 2013 | vol. 110 | no. 21

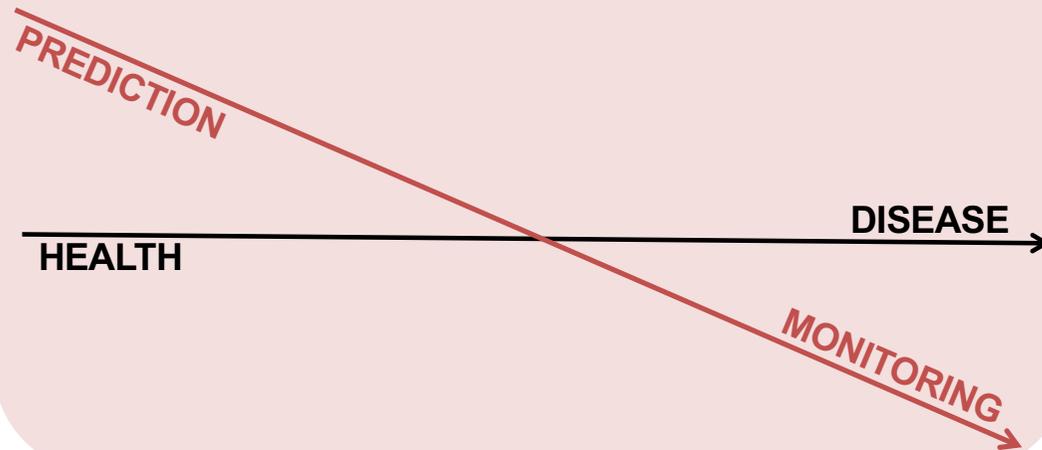
AHN: A Biomarker for Health status, disease prediction and monitoring



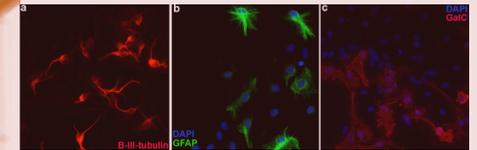
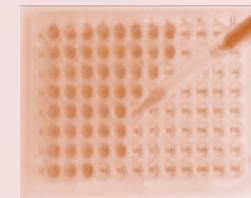
AHN: A Biomarker for Health status, disease prediction and monitoring



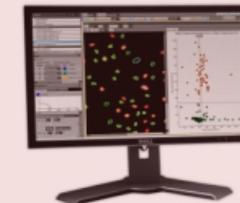
AHN: A Biomarker for Health status, disease prediction and monitoring



Human Serum



Human Hippocampal Progenitor cell line



Semi-automated cell profiling platform

Cellular read-out: Stem cellness- Proliferation- Differentiation (inc. neurogenesis)- Neurite outgrowth – Senescence- Cell death...

Aleksandra Maruszak et al., bioRxiv
Murphy et al. in preparation



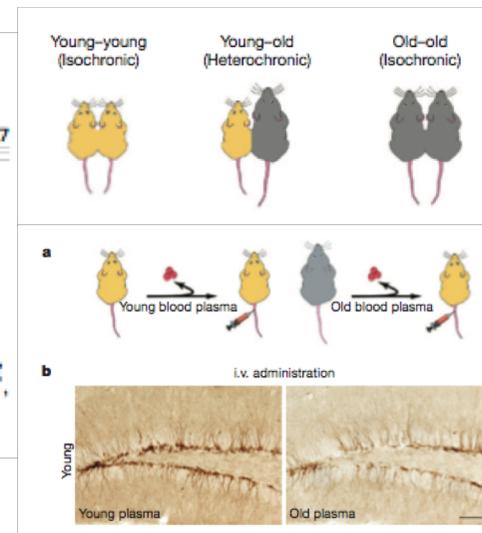
- (i) The neurogenic niche is localized around blood vessels allowing for potential communication with the systemic environment.
- (i) Cognitive/mood impairments and adult hippocampal neurogenesis can be ameliorated through systemic perturbations such as exercise and diet.
- (iii) The systemic milieu can inhibit or promote adult neurogenesis in an age-dependent fashion in mice.

LETTER

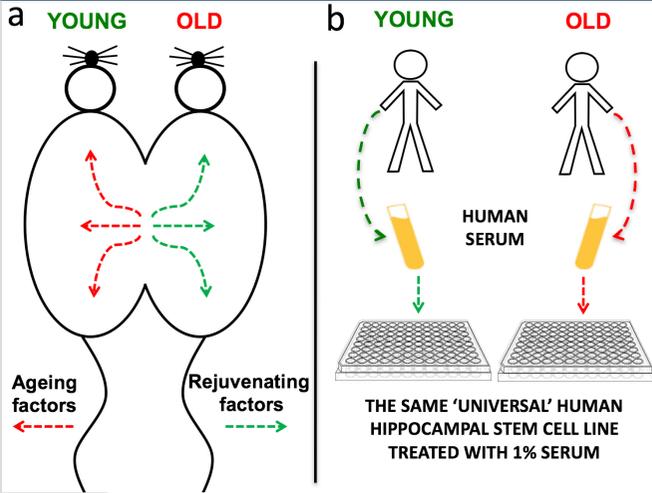
doi:10.1038/nature10357

The ageing systemic milieu negatively regulates neurogenesis and cognitive function

Saul A. Villeda^{1,2}, Jian Luo¹, Kira I. Mosher^{1,2}, Bende Zou³, Markus Britschgi^{1,†}, Gregor Bieri^{1,4}, Trisha M. Stan^{1,5}, Nina Fainberg¹, Zhaoping Ding^{1,5}, Alexander Eggel¹, Kurt M. Lucin¹, Eva Czirri¹, Jeong-Soo Park^{1,†}, Sebastien Couillard-Després⁶, Ludwig Aigner⁶, Ge Li⁷, Elaine R. Peskind^{7,8}, Jeffrey A. Kaye⁹, Joseph F. Quinn⁹, Douglas R. Galasko¹⁰, Xinmin S. Xie³, Thomas A. Rando^{1,10,12} & Tony Wyss-Coray^{1,2,8,11}



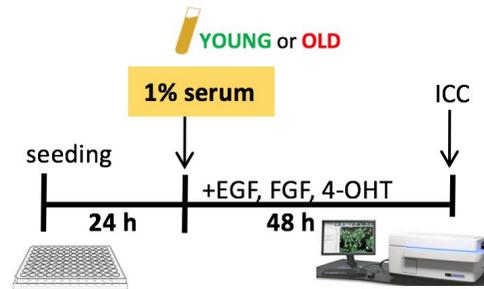
In vitro Parabiosis assay



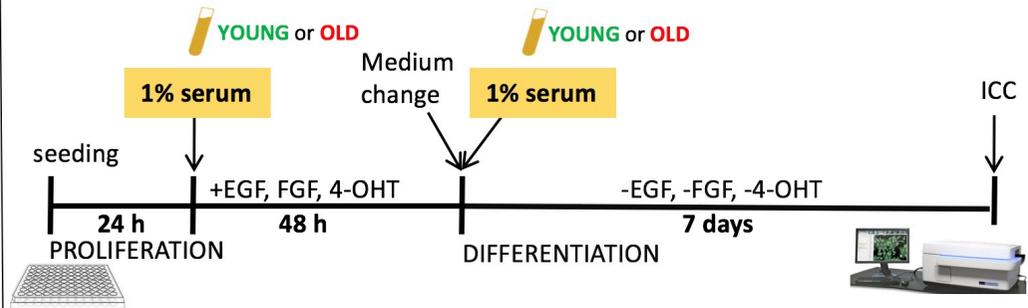
Healthy Young donors
(n=27, Mean age: 29.7)

Healthy Old donors
(n=35, Mean age: 77.7)

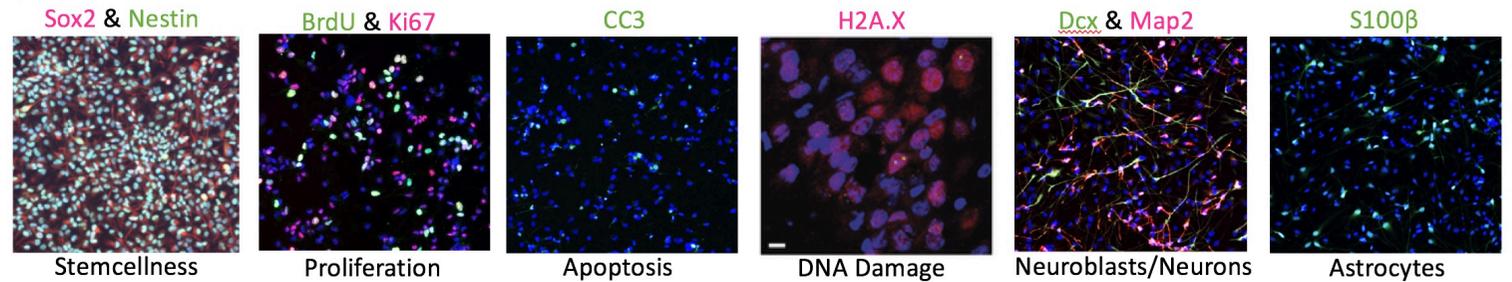
(a) PROLIFERATION



(b) DIFFERENTIATION



(c) CELLULAR MARKERS



Tytus Murphy et al. in preparation

Older donor serum increases apoptotic hippocampal **stem cell death**



Unpublished data
Shown live at the meeting

Age of Donor serum alone is not linked to hippocampal stem cell proliferation and differentiation 

Unpublished data
Shown live at the meeting

Hippocampal and DG volumes are correlated with the percentage of **Neuroblasts**



Unpublished data
Shown live at the meeting



Chiara de Lucia, unpublished data, in preparation

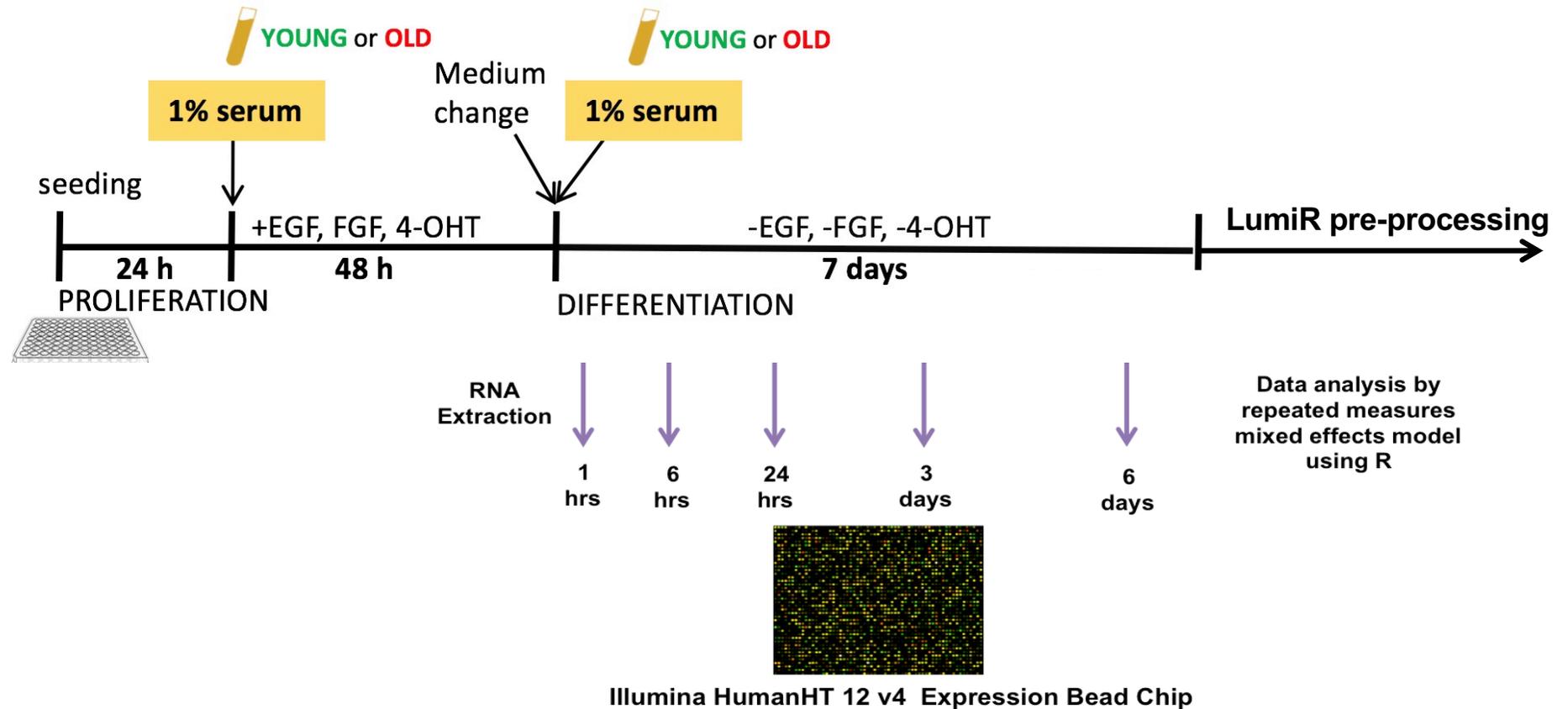
Cognitive Decline is linked to lower percentage of **Neurons**



Unpublished data
Shown live at the meeting

Chronological age alone does not correspond to biological age when investigating neurogenesis

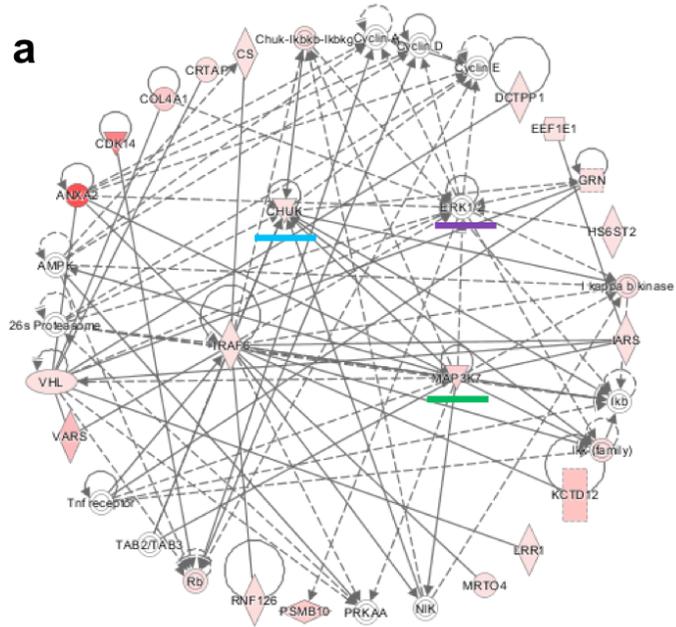
Does older donor serum induces a **molecular ageing phenotype**?



Functional network analysis reveals conserved ageing molecular signature

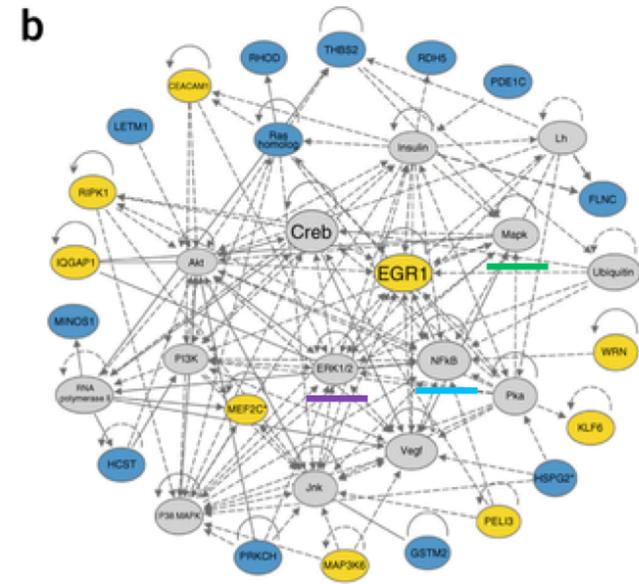


Human hippocampal progenitors cultured with young vs. old human serum



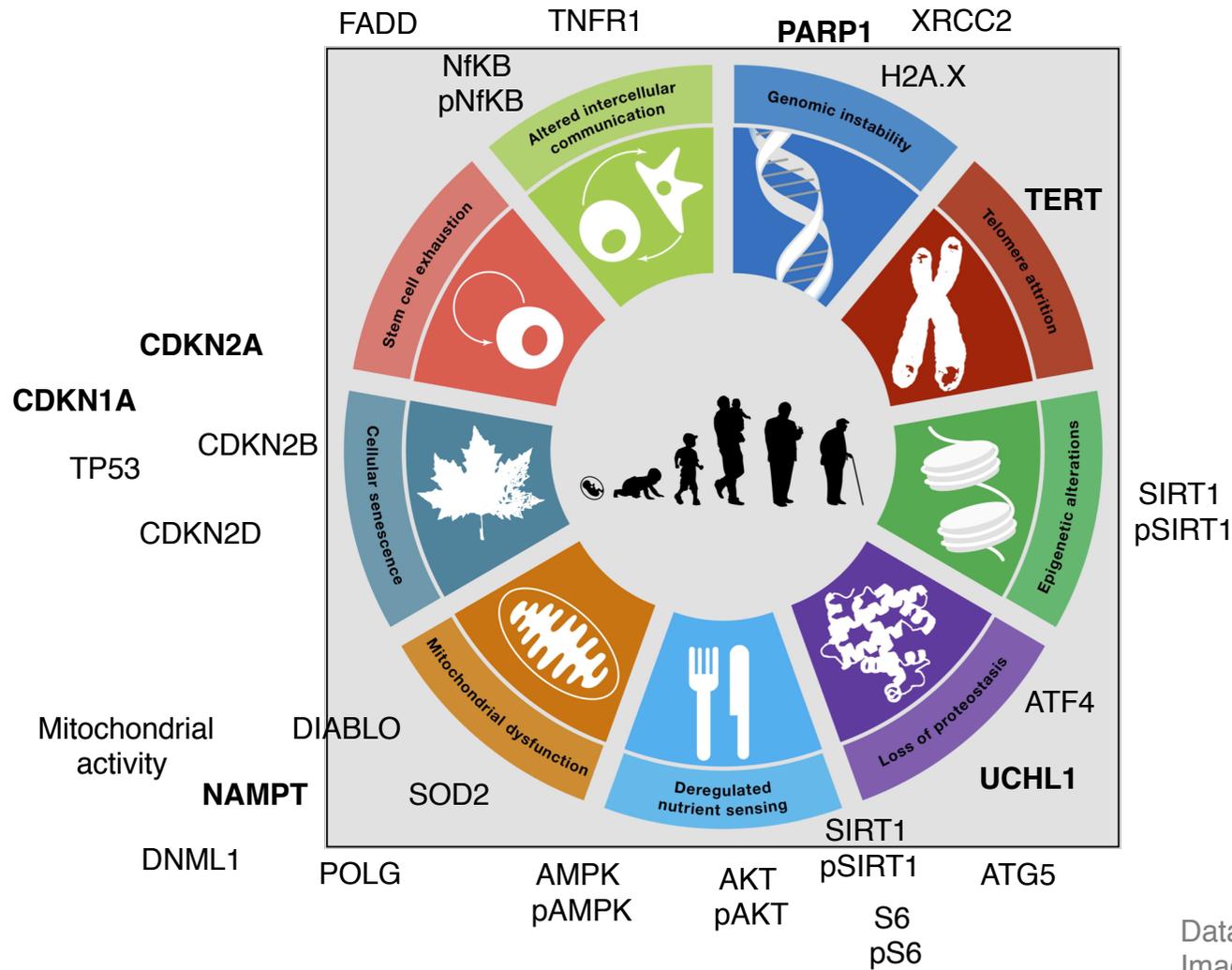
Murphy et al. in preparation

Old mouse heterochronic parabionts vs. old isochronic parabionts



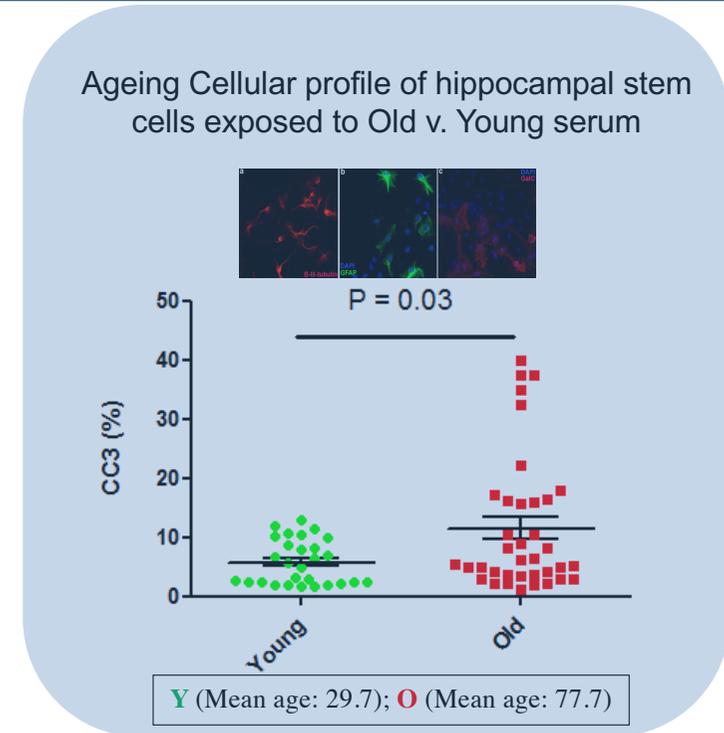
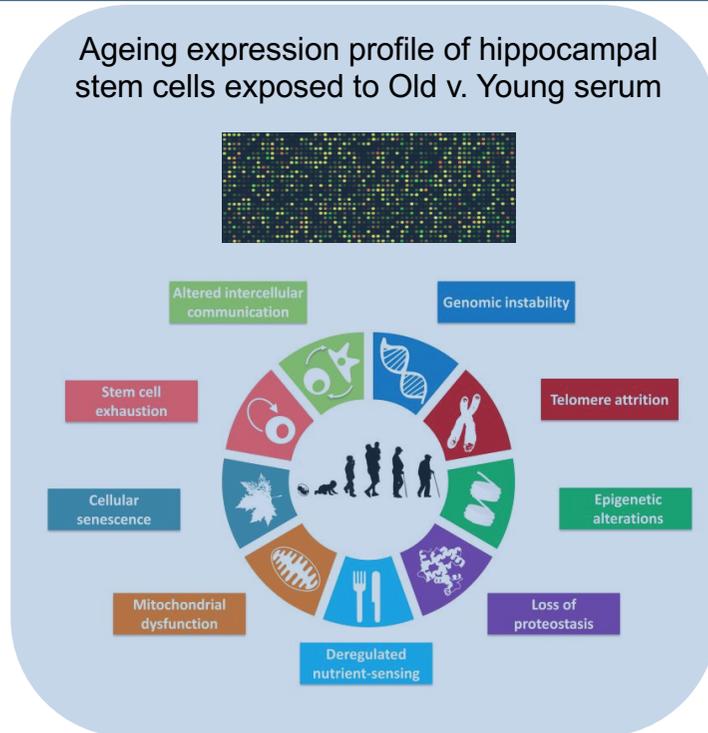
Villeda et al., 2014

Older donor serum induces a molecular ageing phenotype in hippocampal stem cells



Data: Tytus Murphy and Chiara de Lucia
Image from Lopez-Otin et al., 2013

Old_Young *in vitro* parabiosis recapitulates some molecular hallmarks of Ageing



The systemic environment is a major determinant of hippocampal stem cell biology during ageing.

Age is associated with increased heterogeneity:

Reflecting a lifetime of **unequal exposure** to changing environments / **different life styles e.g. diet** → Chronological age \neq biological age

Hippocampal neurogenesis in **Alzheimer's Disease** (rodent models)



Table 1 Summary of neurogenesis changes in transgenic mouse models of AD

Genetic Manipulation	Strain Name	Genotype	Promoter	Age (mon)	Pathology (A β deposition)	Neurogenesis assessment	Effect	Reference
Knock-in		mo PS1M146V/-		3		BrdU injection twice daily (2 hr apart) for 4 consecutive days	Decreased proliferation and differentiation	[36]
		hu ApoE4		3, 6-7, 12-13		BrdU injection twice (6 hr apart)	Diminished neuronal maturation	[41]
		mo APPswe/PS1 Δ E9		8-9	post	DCX, MCM2 immunostaining	Decreased proliferation	[42]
Transgenic		hu PS1P117L	NSE	3-4		one BrdU injection per day for 12 consecutive days	Decreased survival	[37]
		hu PS1 Δ E9, hu PS1M146L	PrP	3		single injection of BrdU	Decreased proliferation and differentiation	[38]
	Tg2576	chimeric mo-hu APPswe	PrP	12-14	pre	five daily injections of BrdU	Decreased proliferation, survival and differentiation	[39]
	PDAPP	hu APPind	PDGF	2, 12	pre, post	one i.p. injection of BrdU	Decreased proliferation and survival	[40]
	APP/PS1	chimeric mo-hu APPswe/ hu PS1 Δ E9	PrP	6	pre, post	BrdU injection once daily for 12 consecutive days	Decreased survival	[43]
	APP/PS1	chimeric mo-hu APPswe/ hu PS1 Δ E9	PrP	2	pre	BrdU injection every 12 hr for 3 days	Decreased proliferation and differentiation	[44]
	3xTg-AD	hu APPswe/PS1M146V/tauP301L	Thy-1.2	4, 9			Decreased proliferation	[45]
	J20	hu APPswe, ind	PDGF	3, 12	pre, post	BrdU injection twice daily (8 hr apart) for 3 consecutive days	Increased proliferation and differentiation	[46]
	J20	hu APPswe, ind	PDGF	3, 5, 9, 11	pre, post	daily injection of BrdU for 5 days	Increased proliferation and differentiation	[47]
	J20	hu APPswe, ind	PDGF	2-3	pre	BrdU injection for 3 days	Accelerated early development but impaired late maturation of newborn neurons	[48]
Knock-out		ApoE		3, 6-7, 12-13		BrdU injection twice (6 hr apart)	Reduced neurogenesis but increased astrogenesis	[41]
		PS1/PS2 forebrain KO		7-9, 18-20		single dose injection of BrdU	Enhanced cell proliferation at early stages of neurodegeneration but impaired survival at late stages	[49]

Systematic comparison needed with same:

- Age
- gender
- genetic background
- neuropathology stage
- methods of neurogenesis detection



Neurobiology of Aging

Available online 8 January 2019

In Press, Accepted Manuscript



Expression of neurogenic markers in Alzheimer's disease: A systematic review and meta-transcriptional analysis

Ariana Gatt ¹ , Hyunah Lee ¹, Gareth Williams ¹, Sandrine Thuret ¹, Clive Ballard ^{1, 2}

Show more

<https://doi.org/10.1016/j.neurobiolaging.2018.12.016>

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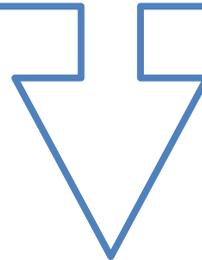
Highlights

- The role of adult neurogenesis in Alzheimer's disease (AD) is not well elucidated.
- We systematically review post-mortem and transcriptional AD studies on neurogenesis.
- Expression of neural progenitor is transcriptionally upregulated in AD.
- New neurons might fail to mature and integrate in the neurogenic niches in AD.
- Neurogenesis is reduced in the later stages of AD.



Alterations in AHN occur at the very early stage of AD progression

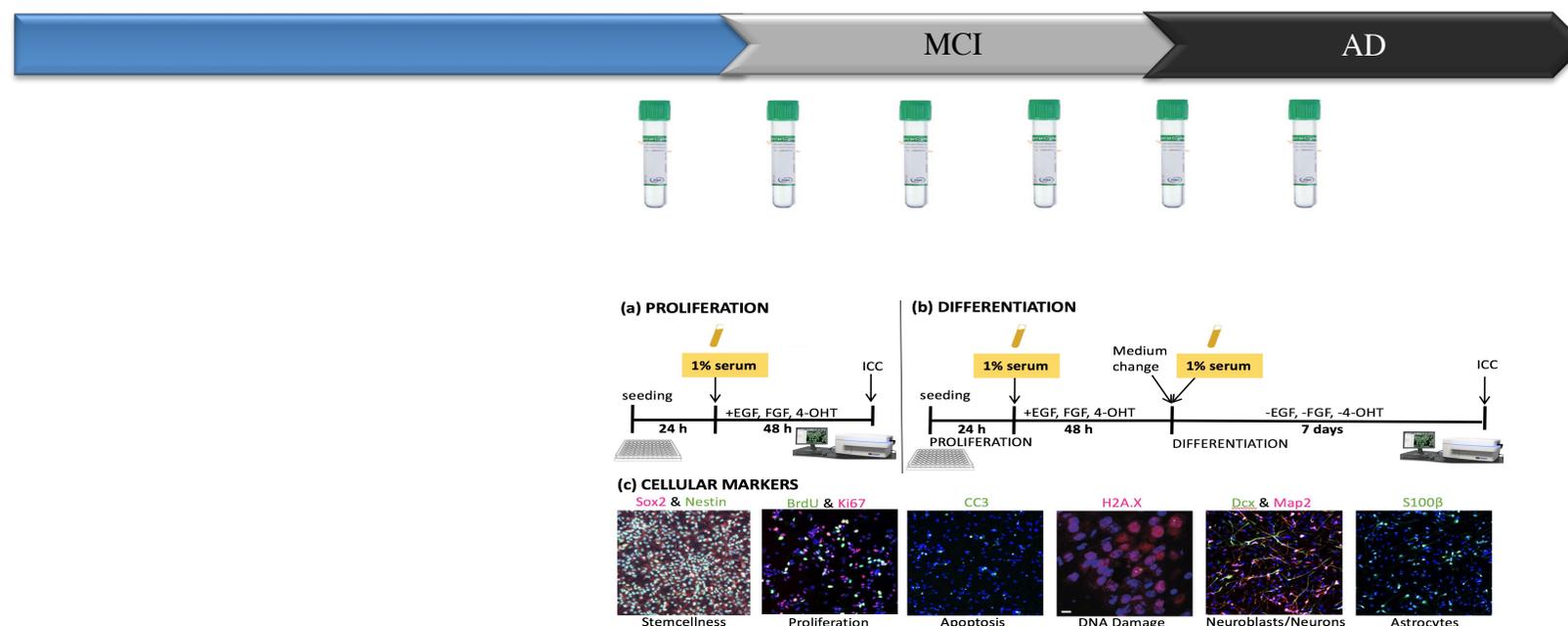
Prior to processes that may secondarily affect neurogenesis (neuronal loss, amyloid deposition and inflammation).



AHN= An integral part of AD pathology

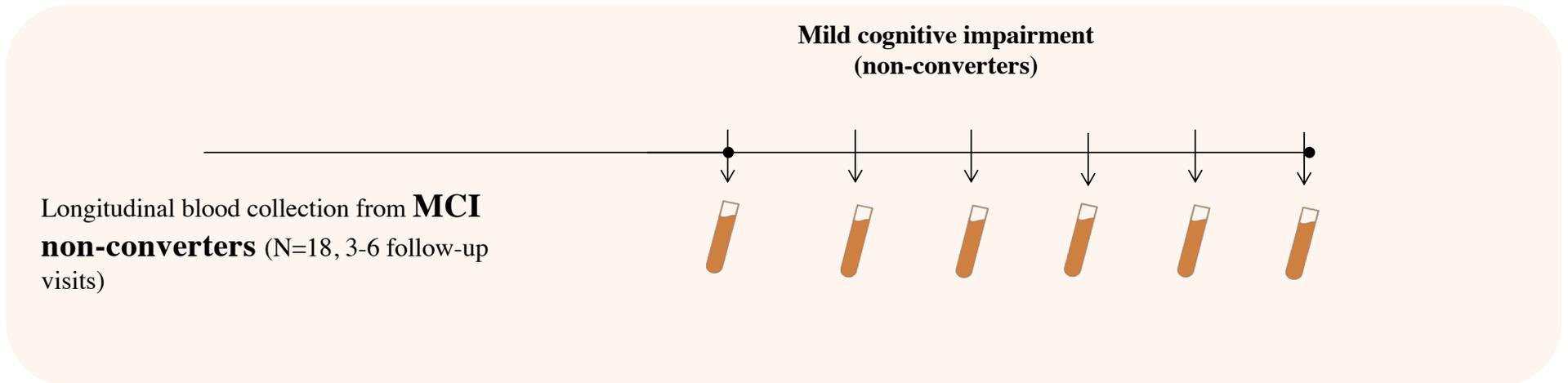
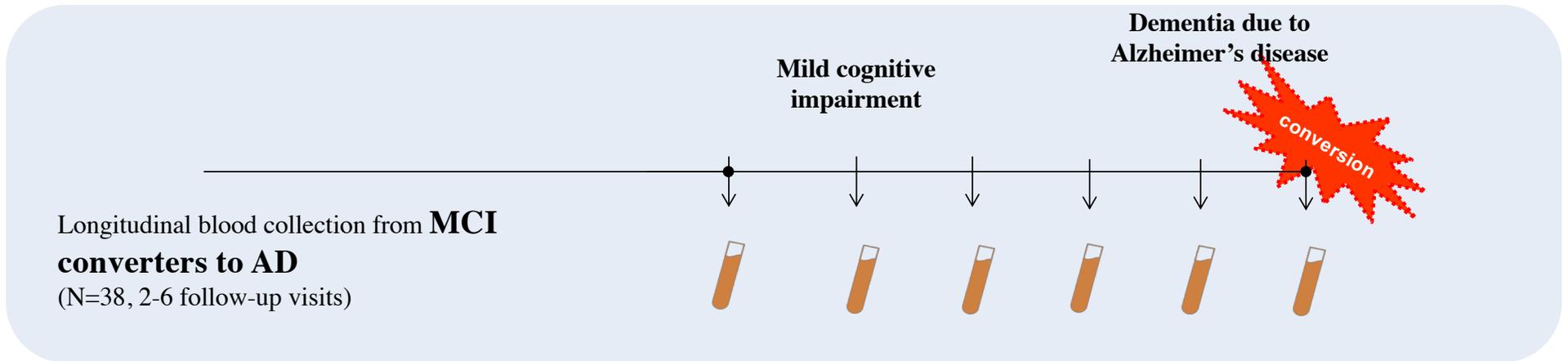


Longitudinal patients serum samples



-Can we clarify the longitudinal changes in hippocampal neurogenesis during AD progression?

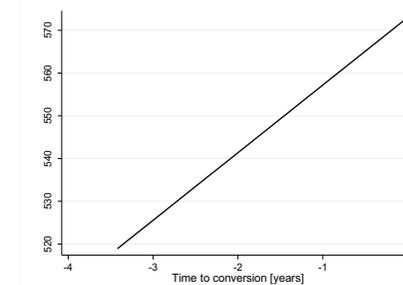
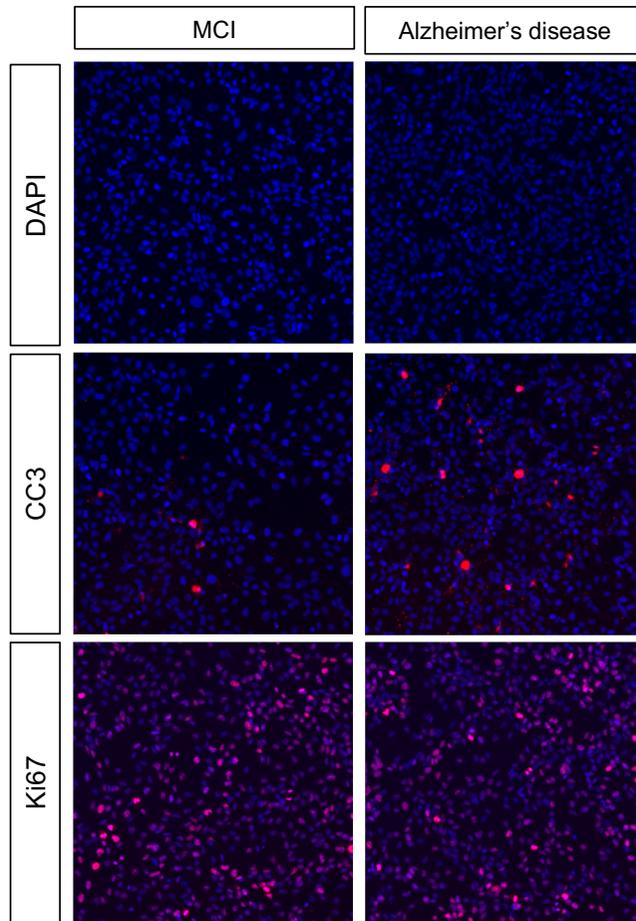
-Can we predict AD conversion from Mild Cognitive Impairment (MCI)?





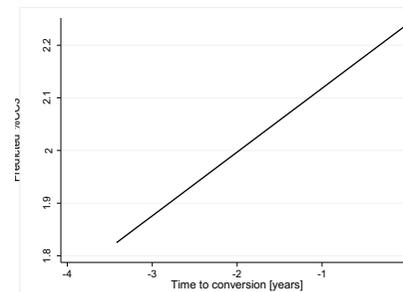
Can we monitor **AD progression**?

Signatures of conversion to AD (proliferation assay)



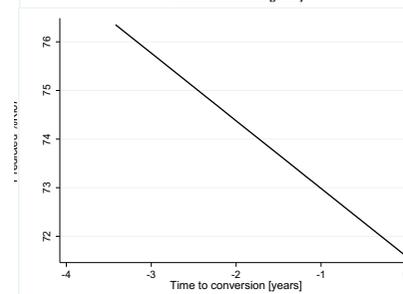
Increased cell count

$p=0.002$



Increased apoptotic cell death

$p=0.023$



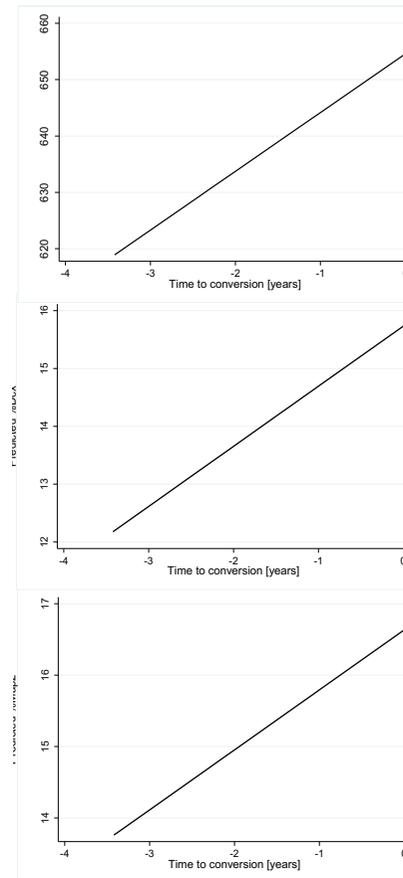
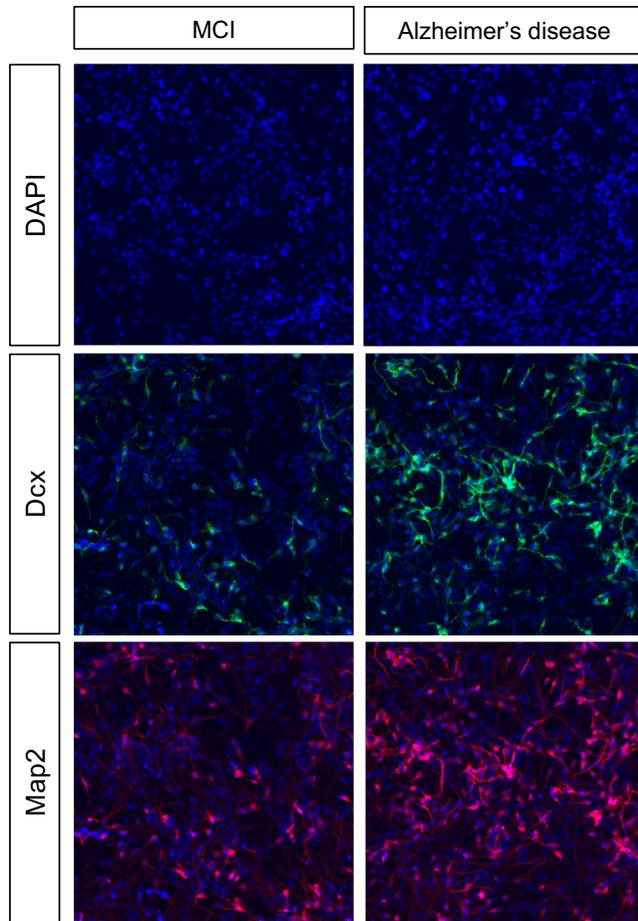
Decreased proliferation

$p<0.0001$

Mixed effects regression models for repeated measures
P-values represent significance of the fitted model.

Aleksandra Maruszak et al.,
bioRxiv 175604; doi: <https://doi.org/10.1101/175604>

Signatures of conversion to AD (differentiation assay)



Increased cell count
p=0.037

Increased number of neuroblasts
p=0.021

Increased number of neurons
p=0.044

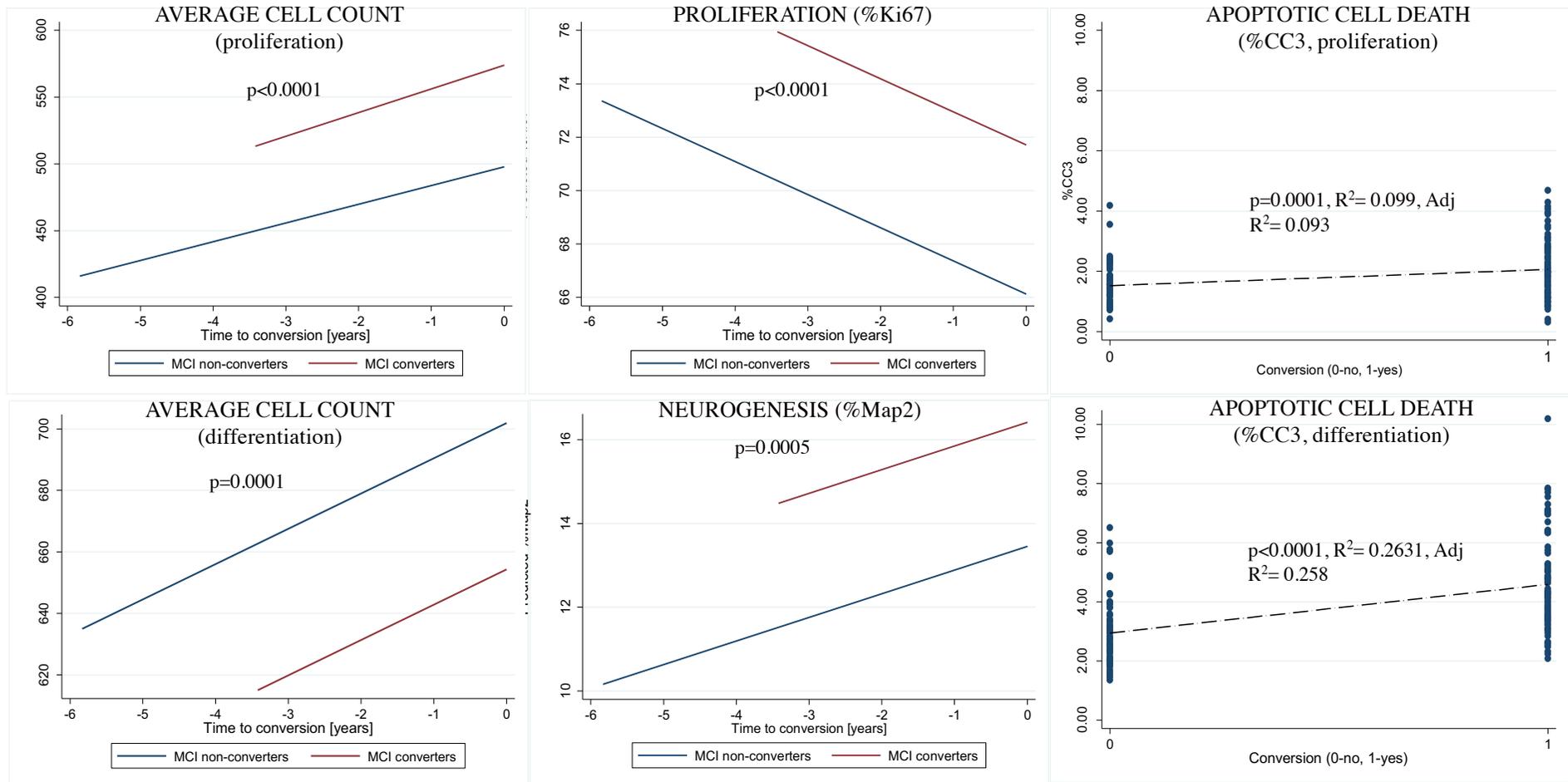
Mixed effects regression models for repeated measures
P-values represent significance of the fitted model.

Aleksandra Maruszak et al.,
bioRxiv 175604; doi: <https://doi.org/10.1101/175604>



Can we distinguish **MCI converters** from **MCI non-converters**?

MCI converters and non-converters have a different cellular profile



Mixed effects regression models for repeated measures
P-values represent significance of the fitted model.

Aleksandra Maruszak et al.,
bioRxiv 175604; doi: <https://doi.org/10.1101/175604>

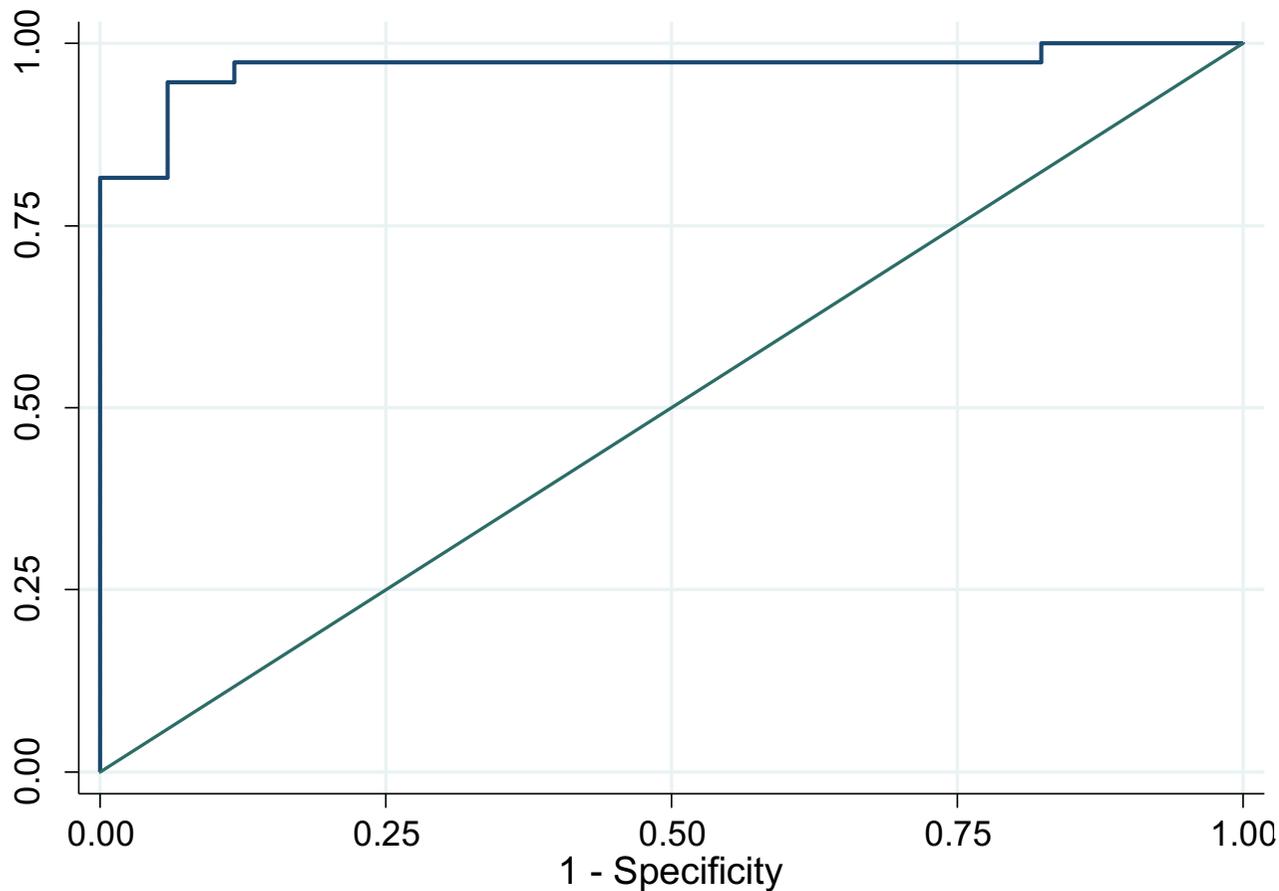


Who will **convert to AD**?

Who will convert to AD?



- Baseline serum sample data
 - Stepwise logistic regression
 - ➔ Model predicting conversion from MCI to AD with an accuracy of 96.75%
- 96.75% chance of correct classification**



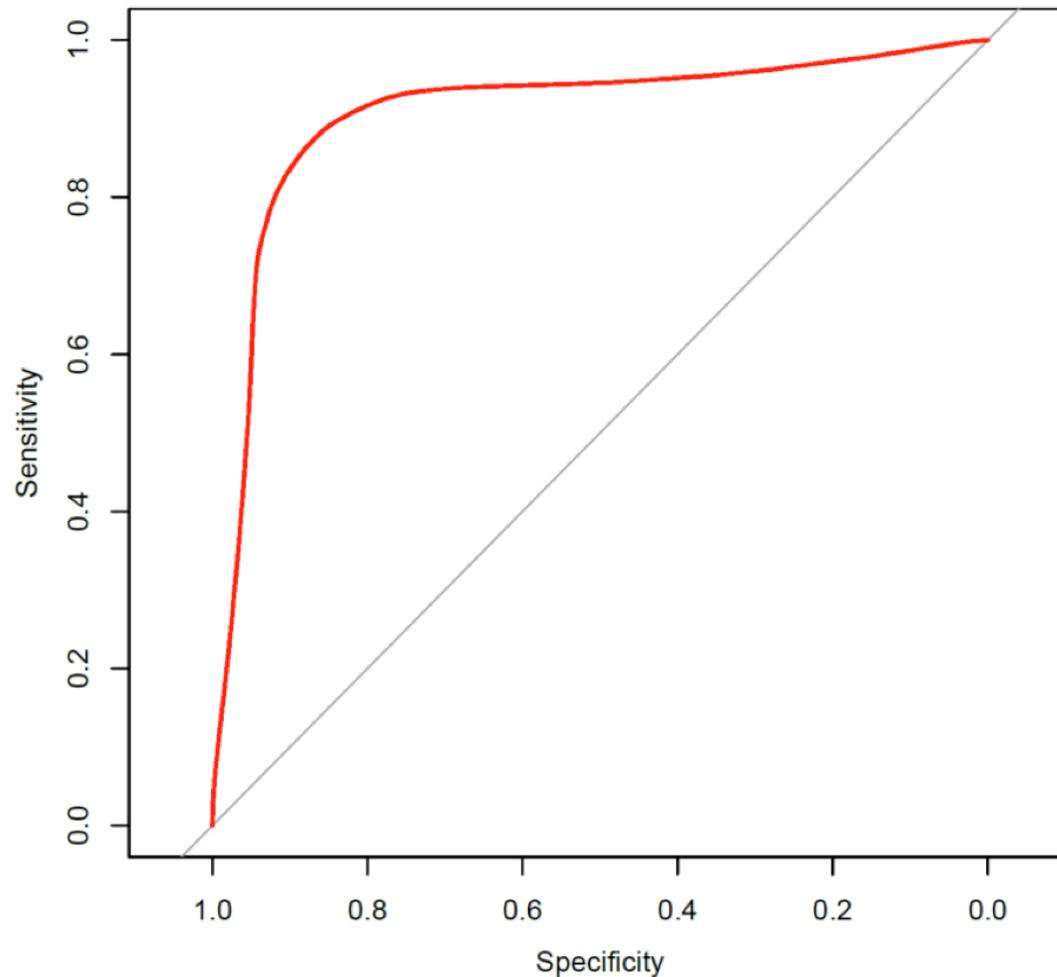
	OR	P>z
Education (years)	0.72	0.040
Av cell count (proliferation)	1.03	0.001
Ki67 (proliferation)	1.35	0.038
CC3 (differentiation)	3.49	0.016
Intercept	1.68e-15	0.012

p=0.0001, Pseudo R2=0.6672
Hosmer-Lemeshow chi2(8) = 9.22
Prob > chi2 = 0.3244

Area under the Receiver Operating Characteristic (ROC) curve: 0.9675 - Sensitivity cut-off: 72%

Aleksandra Maruszak et al.,
bioRxiv 175604; doi: <https://doi.org/10.1101/175604>

Who will convert to AD: Machine Learning Cross-validation



Support Vector Machine Classifiers using the Radial-Based Kernel were trained to predict conversion status.

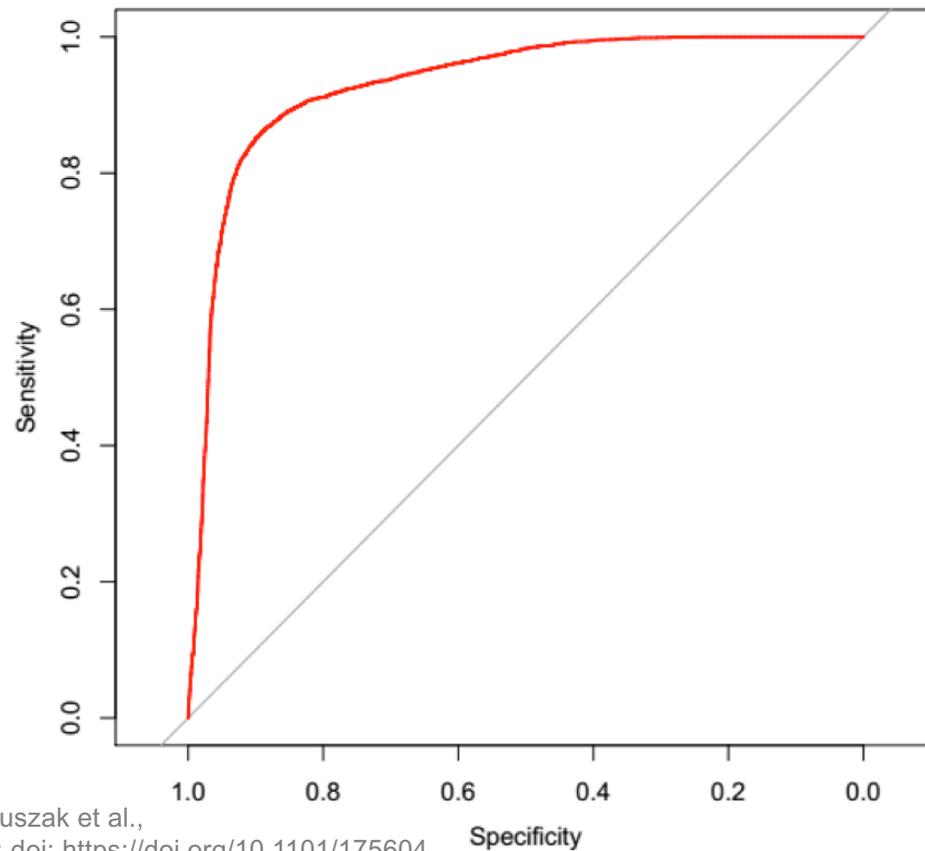
Performance of the classifier was assessed using 1000 repeats of 5-fold cross-validation

Education (years)
Av cell count (proliferation)
Ki67 (proliferation)
CC3 (differentiation)

Area under the Receiver Operating Characteristic (ROC) curve: **0.93** - Sensitivity 90.3%, Specificity 79.0%.



SOMAScan assay on baseline serum samples of MCI converters and non-converters: **4006 different protein epitopes.**



Receiver-operator characteristic-curve for predicting conversion to Alzheimer's disease using a **panel of 207 proteins**. Area under the curve, **AUC=0.94** Sensitivity= 91.65%, Specificity= 81.68%.



1- Can we monitor AD progression? ✓

Conversion to AD is significantly associated with changes in hippocampal progenitor cell count, proliferation, cell death and neurogenesis.

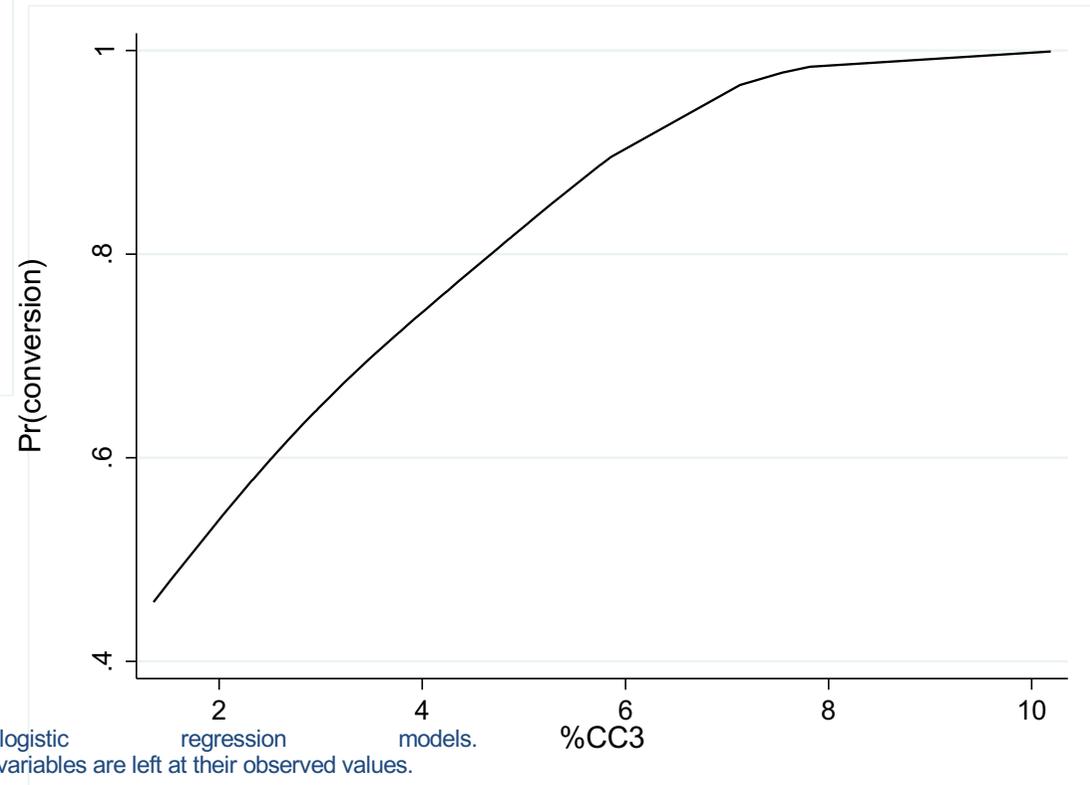
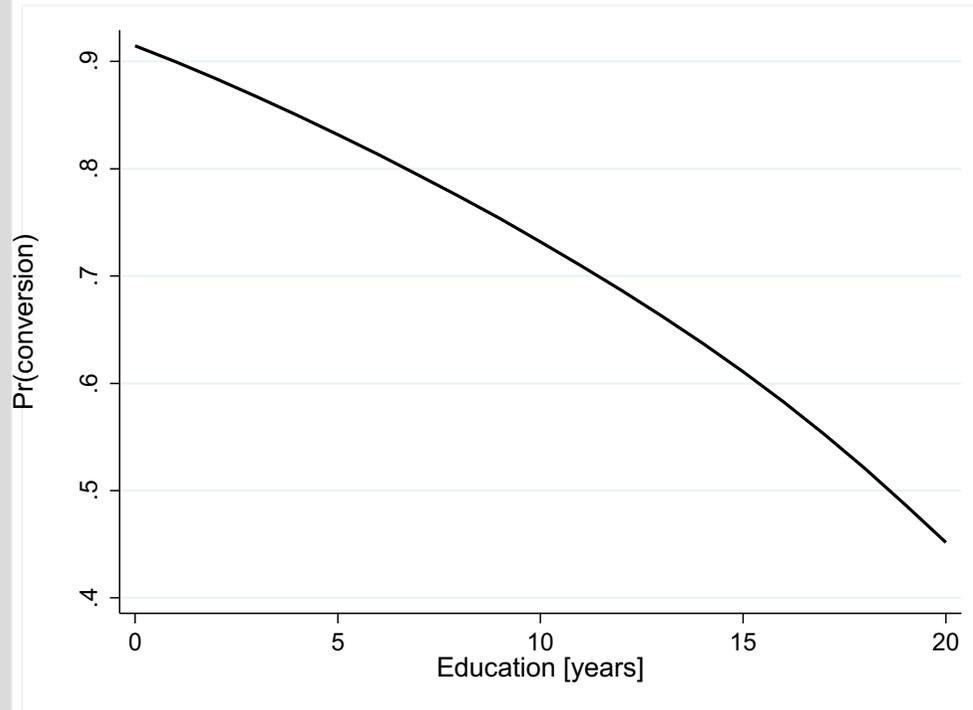
2- Can we distinguish MCI converters from MCI non-converters? ✓

MCI converters can be distinguished from MCI non-converters using markers of proliferation, neurogenesis and cell death.

3- Can we predict AD conversion? ✓

Education and baseline assay readouts on hippocampal progenitor cell count, proliferation and cell death predict conversion to AD with high accuracy.

Can we modify the probability to convert from MCI to AD?



mcp (marginconplot) after STATA fitting logistic regression models. Average adjusted prediction for each of the observed values for education or CC3, while other variables are left at their observed values.



- Validation study has started.
- Up to 3.5 years for intervention to delay AD conversion/ for stratification in clinical trials.
- Assay for testing candidate molecules to rescue the conversion cellular phenotype.
- Assay for monitoring interventions/disease progression.

Acknowledgements



Thomas Berger
Curie Kim
Chiara De Lucia
Andrea Du Preez
Demelza Smeeth
Amina McDiarmid
Hyun-ah Lee
Edina Silajdzic
Alish Palmos



Tytus Murphy
Aleksandra Maruszak
Martin Egeland
Ksenia Musaelyan
Alessandra Borsini
Gisele Dias
Zahra Hassani
Doris Stangl

The **P**sychiatry **R**esearch **T**rust

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